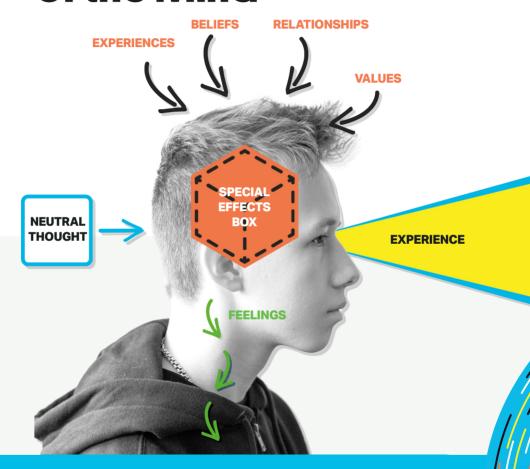
The Mechanics of the Mind



What we experience moment to moment is 100% created from the inside out from our thinking.