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| **Drinking too much can mess with your senses, such as your sight, hearing and smell.** | **You may end up with cirrhosis if you drink excessively for a long period of time** |
| **Drinking a lot can increase the chances of getting dementia earlier than usual.** | **You are at higher risk of having a heart attack or stroke** |
| **This organ could get irritated and might be more likely to get certain types of cancer if you drink too much.** | **Drinking too many drinks can make this organ all puffed up, sore and inflamed.** |
| **Too much alcohol can mess with how well this organ cleans your blood.** | **Drinking has been linked to changes in this organ that may increase the likelihood of aggressive behaviour and violence.** |

**Handout – Impact of Alcohol on Organs**

**Handout – Impact of Alcohol on Organs ANSWERS**

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| BrainDrinking too much can mess with your senses, such as your sight, hearing and smell. | LiverYou may end up with cirrhosis if you drink excessively for a long period of time |
| BrainDrinking a lot can increase the chances of getting dementia earlier than usual. | HeartYou are at higher risk of having a heart attack or stroke |
| IntestinesThis organ could get irritated and might be more likely to get certain types of cancer if you drink too much. | LiverDrinking too many drinks can make this organ all puffed up, sore and inflamed. |
| KidneysToo much alcohol can mess with how well this organ cleans your blood. | BrainDrinking has been linked to changes in this organ that may increase the likelihood of aggressive behaviour and violence. |

**Organ – Brain**

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**Organ – Liver**

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**Organ – Kidneys**

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**Organ – Intestines**

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**Organ – Heart**

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