

# The Lassies are No Feart Key Findings



~~No knives~~  
Better lives

# **Relationships, Support & Community**

- **Young women found it difficult to get support to resolve conflict from other adults**
- **Many young people felt families supported involvement in violence**
- **Disrespect towards family and friends was a common trigger of violence**

# **Relationships, Support & Community**

- Relationships with the police, including campus officers, were generally negative
- Friends are expected to stand up for each other, including physical violence
- There is a lack of safe spaces within communities for young women

# **Perceptions of and Influences on Violence**

- **Young women perceived there to be lots of violence in their lives**
- **Disrespect, including verbal abuse and non-verbal cues, was a significant trigger of violence**
- **Limited impulse control and emotional regulation meant young women turned to violence to solve conflict**

# **Perceptions of and Influences on Violence**

- **Young women said alcohol consumption increased likelihood of involvement in violence**
- **Misogyny was a common everyday experience for young women, from peers and adults**
- **Young women had little hope for a brighter future**

# **Social Media**

- **Young women were both 'viewers' and 'producers' of harmful content online**
- **Daily exposure to violent content online led to desensitisation**
- **Large group chats were used as part of bullying and cyberaggression, and could lead to in-person violence**

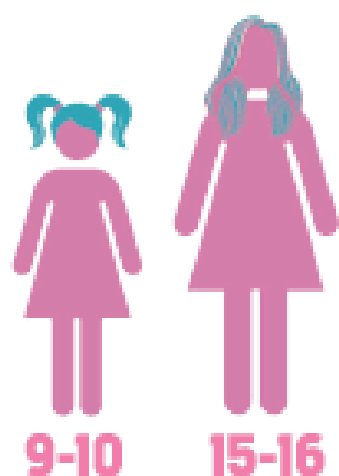
# Statistics from other research

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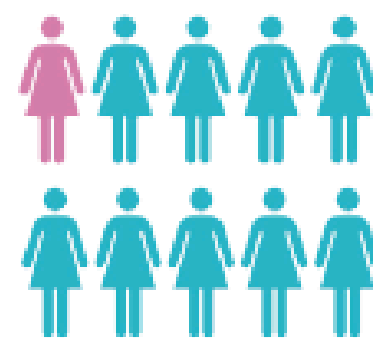
# Background - Life for girls and young women in Scotland

Over the past couple of years, there has been increased attention on violence between girls fuelled by viral videos and media attention of physical violence in schools.

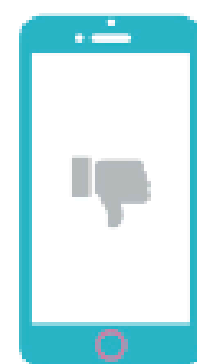
This was echoed by practitioners in the No Knives, Better Lives network, who reported that violence between girls was increasing in frequency and severity.



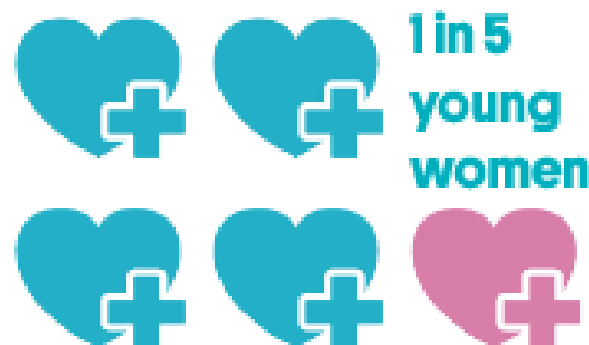
37% of girls aged 15-16 report being very open with their parents about their online activities compared with 68% of 9-10 year old girls.



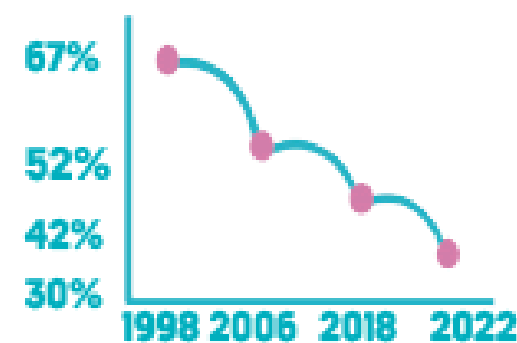
11% of 15-year old girls say they feel very happy with their life.



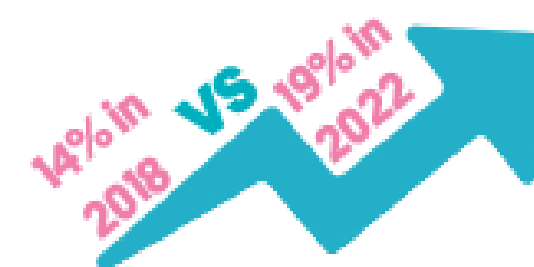
Girls more likely to report problematic on social media use than boys.



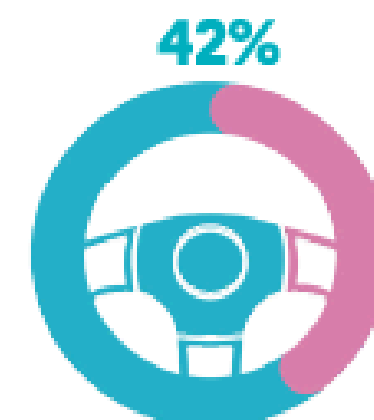
rated their experiences of healthcare as mostly bad or mostly awful.



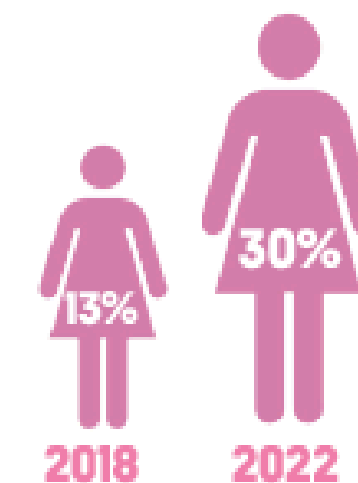
Girls report lowest level of confidence in 24 years.



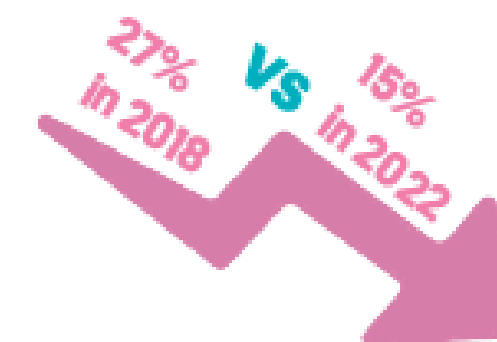
Increase in bullying among girls.



42% of young women feel as though they do not have control of



Girls reporting feeling left out often or always has more than doubled since 2018.



Decrease of girls who report liking school a lot between.



40% of young women report a lack of confidence is one of the biggest barriers holding them back from achieving their career